KHALSA MODEL SENIOR SECONDARY SCHOOL



ਸਿਰ ਉਪਰਿ ਠਾਢਾ ਗੁਰੂ ਸੂਰਾ॥ ਨਾਨਕ ਤਾ ਕੇ ਕਾਰਜ ਪੂਰਾ॥ Upon whose head The Brave & Powerful Guru stands, O Nanak, all his efforts are fulfilled.

E-Bulletin for the month of September-October 2023

SENIOR SECTION

From the desk of our Respected Principal Ma'am ...

Life is a Festival

Life is a celebration of happy moments. It is an attitude that brings out the charm and excitement in people. It's an opportunity to appreciate the positive side of life with joy and gratitude.

We live in a country where people celebrate many festivals. These festivals keep us connected to our roots, our values, our culture, and our origin. But they indubitably serve as reasons for bringing the family and friends together. At Khalsa all the festivals are celebrated with such fervour that an environment of happiness, joy, and good hopes fills all of us with positive energy. And to celebrate the very spirit of humankind, I believe that our entire life is a festival.

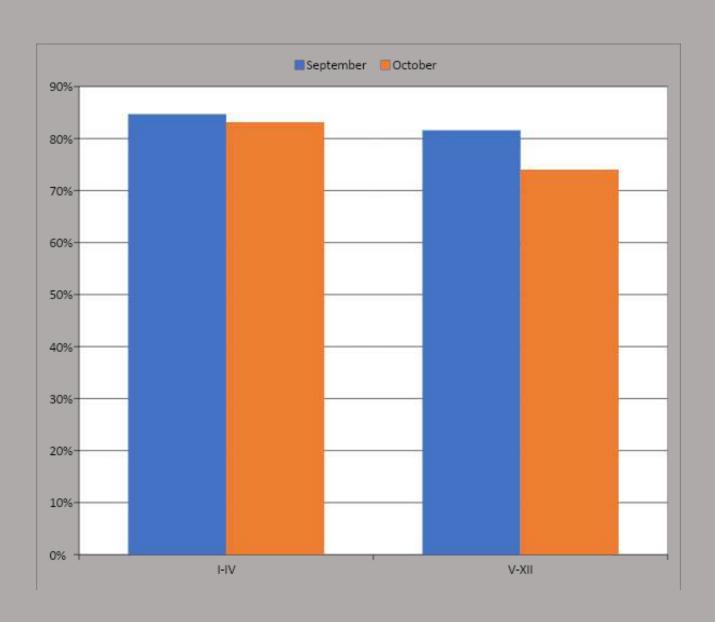
Therefore, I wish all of you tremendous success and happiness at every step in life with good faith. I pray for you to live life to the fullest and rejoice in the beauty of our festivals and culture, spreading a feeling of love, harmony, brotherhood, and respect.

Dr. Gurmeet Kaur Arjani

ATTENDANCE

The attendance data and graph for the month of September-October2022 is shown below.

Class	Attendance		
	September	October	
I - IV	84.72%	83.14%	
V - XII	81.58%	74.04%	



Summary of the Events Held

September marks the beginning of autumn in the Northern hemisphere. It is the 9th month of the Gregorian calendar. After September comes the 10th month of the year that is, October. We experience autumn in this month also and it marks a series of festivals and celebrations and culture its fullest activities to respect and honour each and every to strength. Like every year we celebrate these two months in a gorgeous and pompous way. The students, teachers under the patronage of our revered Principal Ma'am in celebrate the duo months in a diverse way. This creates a velvety stream of sheer delight, so that everywhere the festive spirit creates a copious aura. We, as the E bulletin team create a journey into the world of celebrations so that we could display and celebrate the creativity and culture for building emotional resilience and strong bond relationship among us. This is possible for the initiative taken by our respected Principal Ma'am to inculcate in us the emotional wellbeing.

LIST OF EVENTS FOR THE MONTH OF SEPTEMBER-OCTOBER 2023

SL	Activity	Date
No.		
1	Installation of Rotary Club	1/09/2023
2	Participation of students in Swacchata Pakhwada	1/09/2023- 15/09/2023
3	Knockout Round of Transnational Seminar conducted Interact Quiz Competition(online	3/09/2023
4	Teachers' Day celebration in the Assembly and School Auditorium	5/09/2023
5	Grandparents' Day Celebration (Felicitation of participants of online competition)	6/09/2023- 7/09/2023, 12/09/2023
6	"Learning from Gita "in the morning Assembly by Baba Fateh Singh Ji House	6/09/2023
7	Veer Gatha Project	7/09/2023- 13/09/2023
8	QUIZ Competition organized by Union Bank	8/09/2023
9	Participation in Scholarship Examination, District wise online cultural Competitions	8/09/2023
10	Finals of Transnational Interact Quiz Competition (online)	10/09/2023
11	Oath taking (Classes I -III) on Swachhata Pakhwada Painting Competition on health and personal hygiene (Classes IV-VI) Poster making on Swachhata Pakhwada for classes VII-IX	11/09/2023
12	Participation in Basic Science Research	11/09/2023- 18/09/2023

13	Dental Camp being conducted in our school	14/09/2023
14	Celebration of Hindi Diwas by Baba Ajit Singh Ji House	14/09/2023
15	Participation in ICSI teachers conference organized by Company Secretaries of India	14/09/2023
16.	Felicitation of our Hindi Teacher Mrs. Sangeeta Kundu by Madhuban Publications in New Delhi	14/09/2023
17	Pre -celebration of Viswakarma Puja in the morning Assembly by Baba Ajit Singh Ji House	15/09/2023
18	Medical Camp at Gurudwara in supervision of teachers	17/09/2023
19	District Interact Installation ceremony and Interactors Meet 2023 at Sri Sri Academy	21/09/2023
20	Participation in State Championship	24/09/2023
21	Birth Anniversary of Saheed E Azam Bhagat Singh Ji	28/09/2023
22	Participation in Meri Mitti, Mera Desh	29/09/2023
23	Virtual celebration of Gandhi Jayanti	2/10/2023
24	CBSE Aryabhatta Ganit Challenge	3/10/2023
25	Shramdan activities in the school and Gurudwara	3/10/2023
26.	Mental Health Awareness for Group D staff conducted by Principal Ma'am and Psychology teachers of the school in the school library	4/10/2023
27	Mental Health Awareness for teachers conducted by Principal Madam in the school Auditorium	7/10/2023
28	NCC -Pre RDC Camp	7/10/2023- 16/10/2023
29	Participant of students in UCMAS state level ABACUS and mental arithmetic competition	8/10/2023
30	Participation of students in Science Quiz organized by BITM and Doordarshan Kendra Kolkata	9/10/2023
31.	Mental Health Awareness by Khalsa Interact Club	9/10/2023
32.	Counselling Session conducted by the students of the Psychology Department Awareness on Mental Health by the Psychology Department members	9/10/2023- 10/10/2023
33	Visit to Khalsa English High School to observe Science Exhibition Seminar on Financial Literacy for teachers	10/10/2023
34	Visit to school medicinal garden Classes I-III)	11/10/2023 16/10/2023
35	Bhartiya Bhasha Utsav ,Theme-Literature Swachhata activity by Khalsa Interact Club Recitation of poems in different languages of India in the Morning Assembly by Baba Fateh Singh ji House	12/10/2023
36	Transnational online workshop on Cyber Security attended by two students of Khalsa Interact Club	15/10/2023
37	Bharatiya Bhasha Utsav- Cuisines of India Participation of students of Classes VII to XII in Theatre Workshop conducted by Aishik Roy Choudhury (ex -student)	16/10/2023
38	Pre Celebration of Durga Puja by the students of Baba Jujhar Singh Ji house in the Morning Assembly.	17/10/2023
39	Visit to Science exhibition at Guru Nanak Public School, Alampur	18/10/2023

40	Bharatiya Bhasha Utsav - Know your surroundings	19/10/2023-
		25/10/2023
41	Gurmat Camp by Gurudwara Sikh Sangat ,Dunlop	23/10/2023-
		27/10/2023
42	Elocution competition by Punjab and Sind Bank for the students of Classes IX	30/10/2023
	and XI	
43.	Celebration of Rashtriya Ekta Diwas	31/10/2023
	Seminar conducted by EDUDIGM	

Installation Ceremony of Interact Club

Annual Installation Ceremony of Interact Club took place on 1st September 2023. The ceremony took place in the presence of Principal ma'am, Rotarian Sumita Mitra, Rotarian Suranjana Basu Das, Rotarian Anjan Ray and Rotarian Rita Mukherjee.

Krishna Prasad of class XI B was elected as the new President.Ranveer Singh of class XI B was elected as the new Vice President and Priti Krisha Panda of class IX E was elected as the new secretary.



Winners of Swachhata Pakhwada 2023

GROUP	POSITION	NAME OF THE STUDENTS	CLASS	SEC	HOUSE
Drawing competition on Personal hygiene	1 st	Susmita Saha	VI	D	RED
	2 nd	Namrata Das	VI	D	RED
	3 rd	Sambhavi Chaturvedi	v	E	GREEN
Poster making competition on Swachhata	1 st /	Bableen Kaur	VIII	А	YELLOW
	2 nd	Moitri Saha	VII	С	GREEN
	3 rd	Abhi Paramanik	VII	С	RED
Essay writing competition on Swachhata	1 st	Shubhayu Dutta	XII	E	RED
	2 nd	Swati Gupta	XI	E	GREEN
	3 rd	Trishaketu Chowdhury	ХI	D	RED





Participants in Basic Science Research

Prajukta Paul. XID
Amradip Ray XID
Soyam Shaw XID
Ushasee Pahari. XID
Mantasha Izhar. XID



Interact Transnational Quiz Competition

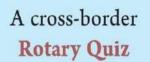
On 3rd September 2023 Interact Club of Khalsa participated in the online Knock out round of Interact Transnational Quiz Competition organised by Rotary Club of Ahmedabad, Greater

Total 36 interact clubs participated from countries like Bangladesh, Nepal, Pakistan, Sri Lanka and India

From India 18 Interact Clubs participated from all over the country. Interact Club of Khalsa qualified for the Finals and made it to the Final round with countries like Sri Lanka, Nepal, Pakistan and India.

Only 2 clubs qualified from India for the finals-Interact Club of Galaxy School Wadi, Rajkot and the other being Interact Club of Khalsa, Kolkata.

The event had been published in Rotary News Plus September 2023 edition.
The participants were Interactors-Priti Krisha Panda (IXE), Sagnik Pal (IXE), Rotarian -Suranjana Basu Das and School Teacher Mrs.Amrita Singh.



Kiran Zehra



The winning team — interact Club of Galaxy School, Rajkot.

C Ahmedabad Great RID 3055, recently organised the Transnational Quiz on Zoom with an aim to foster international peace and promote Interact clubs across Asia, Thirty-six teams participated in the programme, countries and regions," said host club president Arup Sinha, There ur teams from Nepal-Bhutan, three from Bangladesh, seven from Pakistan, four teams representing Sri Lanka and the Maldives, and 18 teams representing India, "This international turnout demonstrated the wide-reaching impact of the quiz in bringing together young leaders from different backgrounds and

fostering cooperation and friendly competition."

PRIF Shekhar Mehta delivered an inspirational message to the participants. "Even great leaders like Abraham Lincoln faced failures before achieving greatness. View failures as opportunities for growth and resilience," he said.

RID Anirudha Roychowdhury advised the children to take advantage of the privileges offered by Interact clubs. 'Have fina and enjoy your time in Interact, Building strong friendships and cumaraderie is part of this experience. Understand that even small actions can have a significant impact in your community and the world. Your efforts matter,' he said.



Below: Interact Club of Khaisa, Kolkata.

The keynote speaker for the event was Spanh Shah, an American rapper who has overcome a rate disorder, Osteogenesis Imperfecta. He motivated the Interactors to embrace their unique talent and contributions. "Stick to your vision, because what you can bring to the table, nobody else can," he said.

The Interact Club of Galaxy School, Wadi in Rajiost, India, won the competition and the Interact Clubs of Visakha Vidyalaya (Colombo, Sri Lanka), Fireflies (Labore, Pakistan), Valmili (Marayangarh, Nepal) and Khalsa (Kolkata, India) were the runners-up. The awards will be couriered to the winners.

The quir was hosted by Aliya
T Sayed from RID 3272, Islamabad,
Pakistan, and Zeaul Huda Hemal,
district secretary, RID 3281. The
event was supported by D Raja
Cotton in Kadi, Gujarat, and Rotarians Sanjay Dalal, Mahendra Patel,
Purvish Patel and Punita Mehta
from Ahmedabad.

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Teachers' Day

On 5th September, our school celebrated Teachers' Day. The students of Class XII organized a special assembly to show respect to the teachers. The whole assembly was conducted by senior students of 12 th grade who dressed up like teachers and conducted activities like speech, song, one act play, dance. Later they conducted the classes on behalf of teachers. In the second half session, teachers were felicitated by the school in the auditorium.







Mr. Chandranath Sadhukhan, one of the senior teacher received Teachers Day Award from IIHM.

Congratulations!!

Celebration of Grandparents' Day in the school.

"Grandparents are a delightful blend of laughter, caring deeds, wonderful stories, and love."

Grandparents' Day was celebrated with full enthusiasm. Online competitions like narrate an incident, Salad dressing and Singing Competition were organized for the grandparents between 1st September to 6th September, 2023.





RESULT OF GRANDPARENT COMPETITION

CATEGORY	POSITION	NAME OF THE GRANDPARENT	NAME OF THE STUDENT	CLASS
Narrating an	1 st	Mr. Sankar Datta	Anushka Datta	IX C
incident			Rishika Datta	III C
	2 nd	Mr. Sambhu Paul	Pratit Dutta	KG C
	Other	Mr. Bibek Bh. Majumder	Shritama Majumder	UKG D
	participants	Mr. Asit Kumar Maiti	Shivdyuti Maiti	UKG A
Singing	1 st	Mrs. Sikha Dutta	Arnab Dutta	VC
Competition	2 nd	Mrs. Kabita Mukherjee	Aavya Mukherjee	KG E
	Other participants	Mrs.Mita Basu Roy Mohanlal Majee Jugeshwari Devi	Shreyashi Mitra Oishika Majee Archisman Roy	KG A KG E NURSERY B
	14	Snigdha Bagchi Chameli Gayen	Aahir Chatterjee Trinetra Gayen	NURSERY C
	1 19	Mrs.Shila Ghosh	Sharanya Ghosh	KG C
Salad Dressing	1 st	Mrs. Archana Ganguly	Shrestha Sarkar	IXC
	2 nd	Mrs. Madhumita Majumder	Shritama Majumder	UKG D
	Other	Mrs. Kanika Saha	Lavit saha	KG -E
	participants	Mrs.Shyamali Mondal	Bristilekha mondal	KG-E
		Mrs. Sharmila Roy Chowdhury	Ridaan roy chowdhury	KG – E
		Mrs.Kaberi Chakraborty	Debarpan acharya	KG - D
		Mrs. Madhuri Karmakar	Parbon roy	NURSERY A
		Mrs Pratima Ghosh	Arthib ghosh	KG -B
		Mrs Uttra Mistri	Sunayna mistri	KG -E
		Mrs.Munni Shaw	Ridhesh shaw	UKG -D
		Mrs.Sikha Ghosh and Manas kumar Ghosh	Ditipriya ghosh	UKG -D
		Mrs.Manju Das	Niladri das	KG -E
		Mrs. Babita Shaw	Rudransh shaw	KG-E
		Mrs. Lakshmi Basu	Subranali basu	KG-E
		Mrs. Sukla Roy	Debnil roy	KG -E
		Mrs.sathi Mitra	Ayank mitra	KG -E



Students of Baba Fateh Singh Ji House presented a skit on the theme "Learning from GITA" in the morning assembly on 6^{th} September, 2023



As per CBSE Circular, VEER GATHA PROJECT was conducted in our school for Classes III to XII. Students participated in poem writing , paragraph writing and painting.

Veer Gatha Project 7 th	to 13 th Septembei
Participants	Class
Torsa Paul	VC
Abhranil Sahoo	IV A
Sarthak Ghosh	VIID
Disha Sharma	XIIB
Abhi Pramanick	VII C
Sinjini Karmakar	XE
Samriddhi Mukherjee	VIII D
Anwesha Maiti	IXD
Shrestha Sarkar	IXC
Anuska Mukherjee	IXC
Hiya Roy	XD
Krishna Prasad	ХIВ



Eight students of Khalsa Model Senior Secondary School participated in Inter School quiz Competition named U-GENIUS organized by Union Bank of India on 8th September,2023 in the Dhonyo Dhanya auditorium.750 teams from 200 schools of the State took part in this competition.

Sampurna Podder of Class X-B participated in the P.G.Memorial scholarship examination,organized by Rabindranath Patha Bhaban on 8 th September and secured 3 rd position. She received certificate and a scholarship worth of Rs. 10,000.

Congratulations!





Anushka Datta of Class IX C participated in District wise online cultural competition 2023 organized by Sarbabharatiya Sangeet o Sanskriti Parishad, secured second position in Nazrulgeeti and received medal and certificate.

Congratulations!

Ayushi Paul of class IV C participated in District wise online cultural competition 2023 organized by Sarbabharatiya Sangeet o Sanskiti Parishad, secured first position in Kathak dance and received medal and certificate

Congratulations!



Dental health camp was conducted for the junior students by the professionals of Guru Nanak Dental College.



On the occasion of Hindi Diwas a special assembly was conducted on 14 th September by Baba Ajit Singh Ji House.



ICSI Teachers' Conference

Mr.Chandranath Sadhukhan, Mrs. Jaspreet Kaur Sidhu, Mrs.Nupur Das attended the ICSI Teachers' conference on the theme "Empowering Educators" organised by the Company Secretaries of India conducted on 14.09.2023 at Rotary Sadan Kolkata.

The programme was useful and knowledgeable. Every point was discussed in detail.

It was stressed on the fact that CS as subject should not be interpreted as difficult subject to the students but should be guided in an interesting manner through real life instances. The teachers should always encourage their students to unlock new domains.

The vision and mission on becoming a CS student shall be:

Vision: "To be a global leader in promoting good corporate governance."

Mission- "To develop high calibre professionals facilitating good corporate governance."



Mrs. Sangeeta Kundu ,Hindi teacher of our school participated in the workshop organized by Madhuban Education books on 14th September at PHD seminar hall, Delhi and felicitated for her contribution in Hindi teaching.





HEALTH CAMP AT GURUDWARA .THE CHILDREN DID SEWA AND CONTRIBUTED TO THE SOCIETY

Pre- celebration of Vishwakarma Puja in the morning assembly. This day is dedicated to Lord Vishwakarma, the world's first architect and God of creation. Hindus offer prayers and seek blessings for success in their fields.



Interact Club of Khalsa students attended the District Interact Installation Ceremony and Interactors Meet 2023 at Sri Sri Academy on 21st September 2023.

Renam Afza of IXB was felicitated as Mental Health Wellness Ambassador of our school at Sri Sri Academy by Rotarian Sulagna Daw.



Samriddhy Dey of Class II D got 2 gold medals again at state level KARATE championship on 24. 09 .2023

Congratulations!





Tribute to Shaheed Bhagat Singh Ji-Virtual celebration of birth anniversary of Shaheed e Azam Bhagat Singh on 28th September, 2023.A charismatic Indian revolutionary, Shaheed Bhagat Singh was a freedom fighter whose two acts of violence against British India, hunger strike in jail, and execution made him a hero among the folks and inspired many to protest against the British Raj in India.

Participants were-Harpreet Kaur of Class XI B, Shibani Shaw of Class IX E and Anushka Datta of Class IX C of Baba Jujhar Singh Ji House. MERI MITTI MERA DESH



Gandhi Jayanti is a national festival celebrated in India to mark the birth anniversary of Mohandas Karamchand Gandhi born on 2 nd October 1869. He is famously known as Mahatma Gandhi. Mahatma means "Great Soul". He is also known in India as the "Father of the Nation". The day of Gandhi Jayanti is dedicated as a tribute to Mahatma Gandhi. He was a great leader of the Indian Independence Movement. Mahatma Gandhi followed the principles of Non-violence and peace through his life.

Our school celebrated Gandhi Jayanti virtually to thank the noble soul for securing freedom for our country.



Shramdaan 3rd October

Our school observed "Swachhata Hi Seva" campaign with active involvement of students, teachers and community to spread the message of cleanliness, sanitation and hygiene in the society .The campaign was being celebrated by undertaking 'Shramdan' activities.

Our students cleaned the space in front of Gurudwara, back side of the school under the supervision of the teachers with full of enthusiasm



Second round of CBSE ARYABHATTA GANIT CHALLENGE was held in our school on 3rd October, 2023. Sampurna Poddar (XB), Shuvam Das (XB) and Ayush Prasad (IXE) were selected in the first round and participated in this test.



MENTAL HEALTH AWARENESS PROGRAMME

During the first full week of October, we observe Mental Illness Awareness Week to raise awareness. Each year during this week we fight stigma, provide support, educate the public and advocate for equal care. The overall objective is to raise awareness about mental health issues around us and to mobilize efforts in support of mental health.

Awareness campaign for non teaching staff -4/10/23

Awareness campaign for teachers (A survey was also done to understand the attitude of teachers towards mental health)-7/10/23

9-13/10/22- poster making on mental health by the students of class IX and X.

10/10/23- world mental health day celebration through speech (Importance of mental health and present status of mental health care services in India) and skit performance (Mental health is our priority, right to access mental health care services) by the psychology students of class XI AND XII.

10/10/23-13/10/23- awareness campaign on mental health issues (bullying, exam anxiety, setting boundaries in relationship) by the students of class XI and XII for classes 6-8 and XI and XII

Positivity board was made with the chart made by students of class 9-10.

Awareness session for classes 1-5 on "taking care of your mental health through mindfulness activities" by the counsellor of Junior section.

Discussion and activities on self-awareness, boundaries in relationship, team building, career counselling for the students of class IX and X by counsellor.

Making "Let us talk" box where students will write about their distress drop their writing. To be kept in the Library. They can drop during their Library class. Later on counsellors will have sessions with those students if required.



Teachers tend to ignore their stress and anxiety levels in lieu of their unconditional love for education and teaching children. But the gratification from teaching can sometimes come with pressure and performance management that's always looming in a teacher's mind.

It is important that we remember that teachers are indispensable in our entire education system and so is their mental health and well —being.









Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world

Celebration of Mental Health Day through speeches, skit and Counselling by the students of Psychology department on 10.10.23.we live in Aakarsh Saxena of class
IV A participated in UCMAS STATE
LEVEL ABACUS AND MENTAL
ARITHMETIC competition held at
Nazrul Manch on 8th October and
secured 2ND position in visual and 3rd
position in learning.

Congratulations!





Soumyojit Roy of Class VI D participated in UCMAS STATE LEVEL ABACUS AND MENTAL ARITHMETIC competition held at Nazrul Manch on 8th October and secured 3rd position in visual.

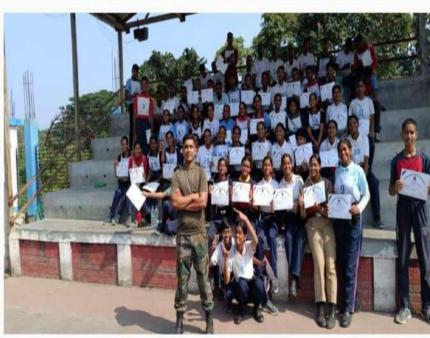
Congratulations!

'One should dream of Republic Day Camp (RDC), only if he/she is too determined and dedicated the cadets undergo through various tough levels of filtration successively. The one who qualifies all the levels of Pre-RDC gets an opportunity to crack RDC." Our Khalsa Junior Wing Cadet Subharthi Das and Cadet Harsirat Singh Arjani got selected for the Inter group Competition(IGC) which was held from

7th to 16 th October 2023in Kalyani.They both were selected for the next level PRE-RDC-1.

Congratulations to both of them!!









Three students of our school participated in the Annual Science Quiz organized by BITM and Doordarshan Kendra Kolkata.

They are Sagnik Pal (IX E)

Priti Krisha Panda (IX E)

Muskan Tiwari (IX E)



Renam Afza of Class IX B, Mental Health Ambassador of Interact Club of Khalsa spread the word about Mental Health of students during school assembly on 9/10/23. She spoke about various issues affecting the mental health of students. To improve the mental health and to help the students to cope with their daily problems-The Mental Health Ambassador along with the Psychology Department and Counsellor of our school has come up with the idea of "Drop-box", where the students can drop their problems and get solutions.





MENTAL AWARENESS IN SCHOOL MORNING ASSEMBLY BY THE STUDENTS OF CLASS XI AND XII Students visited the Khalsa English High School for Science Exhibition on 10.10.23.





CBSE has taken an initiative to sensitise teachers on the basics of Financial Literacy and the use of Digital Tools that are relevant in the current scenario. The session focused to create awareness about basic financial planning, how to avoid falling prey to phishing and cyber frauds, etc.

A seminar was organized in our school on BASICS OF FINANCIAL LITERACY AND USE OF DIGITAL TOOLS for teachers as per CBSE circular no 10.10.23 in the school auditorium.

Students of Classes I to III visited the medicinal garden of the school under the supervision of respective science teachers.



Recitation of poems in different languages of India.

BHARATIYA BHASA UTSAV was celebrated from 5th October to 11th October on the theme LITERATURE. Students of our school prepared recitations in different languages and recited in the morning assembly mentioning the poet of the poem.

Student delivered the speech on Tamil poet, Subramania Bharti who was popularly known as 'Mahakavi Bharti', a freedom fighter and a social reformer in Tamil Nadu.



The children of Interact club of Khalsa Priti Krisha Panda and Sagnik Pal Class IX E attended an online seminar organized by Rotary club of Ahmedabad Greater, conducted by Rizwan Sheikh on 15/10/2023. It was a Transnational Seminar. He is one of the youngest ethical hackers in India. He made the concept of cyber security impactful and provided many ways to be in a safe technological world. According to him our personal information can be accessed by one click on any unwanted websites.

He suggested many ways like having a fast and protective anti-virus program and by having strong alphanumeric passwords. He even informed us that we should avoid entering any unwanted websites having cookies. Interactor Priti Krisha Panda hosted the Seminar.







Theatre workshop was held in the school auditorium on 16th October by Mr Aishik Roy Chowdhury, Mr. Souvik Sharma and their team on behalf of Sangrami Cultural Organization.

The students enjoyed the workshop for a number of reasons such as the students had fun, students got to act and spent time with their friends, it was something different and unusual. Students learnt new skills including socialising, how to use props and speaking in public.





Bhartiya Bhasha Utsav" - Week III

The second week of 'Bhartiya Bhasha Utsav' began with the announcement of the theme, "Cuisines of India". On which, a short English speech was prepared by our host of the special assembly in which she told us about the food and pulses of India. Following was a short Hindi speech on the same by our other host, which explained how different kinds of pulses grow all over India..

The first state was Kashmir, from where came the famous "Kashmiri Rajma". The student, dressed in Kashmiri attire, entered the centre stage, and detailed its process of preparation and benefits.

The second state was Punjab, from where came the famous "Dal Makhani" which was said to be eaten by people, not only from Punjab, but all over India.

The third state was Uttar Pradesh, from where came "Toor Dal", a source of fibre and proteins whose regular intake is said to reduce blood sugar levels.

From Bihar came the "Masur Dal", a famous dal which reduces the risk of diabetes.

From West Bengal, came the Bengali's favourite, "Chana (Cholar) Dal", filled with high proteins and best with puris.

And finally, from Odisha, we heard the process of preparation of "Moong Dal", one of the most flavourful pulses of India.

The entire performance ended with another ending speech on the importance of eating pulses by both our hosts and why they hold such an importance in our lives. The audience was thrilled to see too many delicacies in front of their eyes in the live assembly. All were excited to return home and try on a new fibre-full pulse grown in the soil of our dear country.

- Naina Chourasia IX E Durga Puja is one of the biggest and most popular festival of India. It involves the ritual of worship of our Goddess Durga and the triumph of the Goddess Durga over the demon Mahishasura. The festival honours the indomitable female force in the form of 'Shakti'. This day gives everyone a reason to celebrate; it's an occasion for rejuvenation and reunion and a celebration of our customary culture and customs.

Pre celebration of Durga Puja in the morning assembly on 17.10.23



LEARNING IS FUN



Students attended the Science Exhibition at Guru Nanak Public School on 18.10.23

As per CBSE circular no.ACAD-114/2023, our school celebrated"BHARATIYA BHASA UTSAV" with active involvement of students, teachers and community. In week IV (19th October to 25th October) students of our school collected information about the monuments, educational institutions, people and their mother tongue etc. Later they presented all the information in the morning assembly in different Indian languages.



Gurmat Sikhia Camp, was conducted from 23rd-27th of October 2023 in our school premises. Mentors who came from Amritsar had vast knowledge about Sikhism. It was a great experience for all attending the camp, as students were able to freely express their thoughts and ideas.

The main motive of this camp was- "WE ARE BORN LEADERS AND IT IS OUR RESPONSIBILITY TO BECOME TRUE LEADERS", that is to serve the nation.

The students came to know about Dharamshala, which is now a days called Gurudwara. Then focus was given on how to enter a Gurudwara and the reason behind it then they were taught about Sikh History, Education, Time management were discussed. Total 70 students participated in this camp. Our Principal ma'am, Dr. Gurmeet Kaur Arjani also trained the students in one session and motivated and encouraged them. During the camp different kinds of activities like Gatka, Kirtan were conducted .Moreover students were taught to tie Dastar. The students were also engaged in extra- curricular activities like Basketball, Football, Relay race and many more events.On the last day of the camp everyone was felicitated with prizes and certificates.

The students were inspired with one of the Guru's teachings:

Nanak Naam Chardikala, Tere Bhane Sarbat Da Bhala, which means the name ,NANAK brings prosperity and with His blessing, peace for everyone.

The camp ended with full of enthusiasm, excitement with lots of information and knowledge.

-HARSIMRAN KAUR ARJANI XI D AND SAHAJPREET KAUR X D





Elocution competition on the topic VIGILANCE AWARENESS was held in the school library on 30.10.23, sponsored by Punjab and Sind bank, Dunlop bridge.

Celebration of Rashtriya Ekta
Diwas(National Unity Day)by taking
pledge in the morning assembly,
delivering speech on the role of Sardar
Vallabhbhai Patel in National Integration.
Students along with managing committee
members, Principal ,teachers ,group D
staff of our school, manager and
employees of Punjab and Sind Bank
participated in RUN FOR UNITY on
31.10.23



A seminar on success strategies for classes X and XII was held on 31.10.23 in the school auditorium by EDUDIGM





ਤੂ ਕਾਹੇ ਡੋਲਹਿ ਪ੍ਰਾਣੀਆ ਤੁਧ ਰਾਖੇਗਾ ਸਿਰਜਣਹਾਰੁ।। ਜਿਨਿ ਪੈਦਾਇਸਿ ਤੂੰ ਕੀਆ ਸੋਈ ਦੇਇ ਆਧਾਰੁ।।੧।।

Why do waver, O mortal being? The creator Lord Himself shall protect you.

He who created you will also provide nourishment & support